Medical Guidelines for School Attendance

Keeping children healthy is a goal parents and district staff members can partner on to help children learn better when they are here at school.

Some of our students are at a greater risk for acquiring infections due to their physical limitations and medical conditions. Parents and physicians must be notified early of exposure to communicable diseases in order that preventive treatment, if needed, can be administered promptly.

Since students work and play in close quarters, our guidelines for remaining at home need to be considered before sending your child to school.

General rules are:

- 1. Any student with a fever (temperature above 100 degrees) should be kept home and observed for other symptoms for at least 24 hours after temperature is normal (without fever-reducing medicine such as Tylenol or Motrin). Students with diagnosis of strep also need to be on antibiotics for *minimum* of 24-48 hours before returning to school.
- 2. Any student with vomiting during the night or more than twice in a 24-hour period should be kept home until symptom-free.
- 3. Any student with watery diarrhea should be kept home until symptom-free.
- 4. Minor sniffles are not usually enough to keep your student home. But, if your child is irritable, lethargic or taking over-the-counter medicine for cough or nasal discharge, they probably won't be able to function well in a classroom.
- 5. Any student with infected or red, watery eyes, should be kept home until diagnosed by a healthcare provider, or until the child is symptom free.
- 6. Any student with an undiagnosed skin rash or open, infected sores should be kept home until diagnosed by a healthcare provider, or until it is resolved.
- 7. Any student who has a medical procedure done under anesthesia or sedation should, in most cases, remain at home for at least 24 hours.

Please report any significant illness to your student's teacher or to the nurse. If you have any questions or wish to discuss health concerns with the nurse, call the school during school hours.

It is very important to keep the school office informed of your current home, work and emergency phone numbers.

Thank you, parents, for working with us to keep your children and our staff members healthy and helping us prevent the spread of illness!

-Tahoma School District nurses